

Cedar Mill Taekwondo

Community Outreach & After School Character Kids Program



WE ARE PROUD TO SUPPORT!
Terra Linda Elementary PTC FUNDRAISER EVENT
October 29th to November 17th 2018

What is the Character Kids After School Program all about?

Character Kids is a 3 week session, of Kids Self Defense and Character Development Program that incorporates traditional training with Life Skill lessons. Open to all students in grades K to 8, this innovative series of classes is designed to not only introduce your child to basic martial arts but also to improve focus, confidence, discipline and respect. It will benefit your child at home, at school and in team sports. Cedar Mill Taekwondo have volunteered their time, equipment and location to teach the Character Kids program for your child.

How does it benefit my school?

The instructors and materials required to run the Cedar Mill Taekwondo Character Kids program will be donated by Cedar Mill Taekwondo as part of our commitment to helping local children in our community.

The registration fee of \$49 includes 3 weeks of classes, uniform and belt and it will be donated directly to your TERRA LINDA PTC. 100%!

FRIENDS AND FAMILY ARE WELCOME TO SUPPORT! **THIS PROGRAM IS LIMITED TO 30 STUDENTS ONLY!**

GRADUATION DAY IS SCHEDULED FOR WEEK 3 OF THE PROGRAM, ON SATURDAY NOV 17TH WHERE STUDENTS WILL HAVE THE CHANCE TO SHOWCASE WHAT THEY LEARNED AND GET THEIR CERTIFICATE.

Important Note:

In order to accommodate everyone we offer a very flexible schedule. Please choose from the following options, twice per week, early afternoon or late afternoon:

Juniors 5 to 12 or Teen and Adults

Monday & Wednesday 6:15pm - 1st class on October 29th.

Tuesday & Thursday 4:30pm - 1st class on October 30th.

Teen & Adult Monday & Wednesday 6:50pm



It is our belief that community service is an integral part of developing respect, self control and indomitable spirit; key components in the growth of every martial artist. As part of our commitment we have donated services to Bethany Elementary, CLASS Academy, Jacob Wismer, Findley, Springville, Terra Linda PTC.

These classes teach basic white belt curriculum while emphasizing focus, discipline, respect and confidence.

They provide a chance for students to try Martial Arts who may not normally have the opportunity, and 100% of the registration fees are donated directly back to YOUR SCHOOL PTC. Our goal is to provide community service projects that involve all of our students.

Week 1
Focus and Confidence

Week 2
Discipline and Respect

Week 3
BULLY PREVENTION

WHERE?

Cedar Mill Taekwondo
 13547 NW Cornell RD Portland 97229 - Next to Safeway

WHEN?

Enrollment is Open
REGISTER BY October 27th.
REGISTER Online

OR

CALL FOR INFO

503 626 1888

Email address

uswccedarmill@gmail.com

Register online for this fundraiser at

<https://cedarmillmartialarts.com/products/terra-linda-ptc-martial-arts-fundraiser-april-2018>

Paper Registration Form to be Submitted at Cedar Mill Taekwondo
Return this at 13547 NW Cornell RD Portland OR 97229 or register online.

Name: _____ Grade: _____ Age: _____

Parent's Name: _____ Phone: _____

Address: _____ City: _____ Zip: _____

Monday & Wednesday 6:15pm
Tuesday & Thursday 4:30pm
Teen & Adult Monday & Wednesday 6:50pm

