

Fourth Grade Special Itinerary

U.S. States and Capitals / North American Neighbors

October – The West

<u>State</u>	<u>Capital</u>
Alaska	Juneau
California	Sacramento
Colorado	Denver
Hawaii	Honolulu
Idaho	Boise
Montana	Helena
Nevada	Carson City
Oregon	Salem
Utah	Salt Lake City
Washington	Olympia
Wyoming	Cheyenne

November – The Middle West

<u>State</u>	<u>Capital</u>
Illinois	Springfield
Indiana	Indianapolis
Iowa	Des Moines
Kansas	Topeka
Michigan	Lansing
Minnesota	St. Paul
Missouri	Jefferson City
Nebraska	Lincoln
North Dakota	Bismarck
Ohio	Columbus
South Dakota	Pierre
Wisconsin	Madison

December – The Southwest

<u>State</u>	<u>Capital</u>
Arizona	Phoenix
New Mexico	Santa Fe
Oklahoma	Oklahoma City
Texas	Austin



Fourth Grade Special Itinerary

U.S. States and Capitals / North American Neighbors

January – The Northeast

<u>State</u>	<u>Capital</u>
Connecticut	Hartford
Delaware	Dover
Maine	Augusta
Maryland	Annapolis
Massachusetts	Boston
New Hampshire	Concord
New Jersey	Trenton
New York	Albany
Pennsylvania	Harrisburg
Rhode Island	Providence
Vermont	Montpelier

April – Northern Mexican States

Baja California	Zacatecas
Baja California Sur	Tamaulipas
Sonora	Nayarit
Chihuahua	Aguascalientes
Coahuila	San Luis Potosi
Sinaloa	Jalisco
Durango	Guanajuato
Nuevo Leon	Queretaro de Arteaga

February – The Southeast

<u>State</u>	<u>Capital</u>
Alabama	Montgomery
Arkansas	Little Rock
Florida	Tallahassee
Georgia	Atlanta
Kentucky	Frankfort
Louisiana	Baton Rouge
Mississippi	Jackson
North Carolina	Raleigh
South Carolina	Columbia
Tennessee	Nashville
Virginia	Richmond
West Virginia	Charleston

May – Southern Mexican States

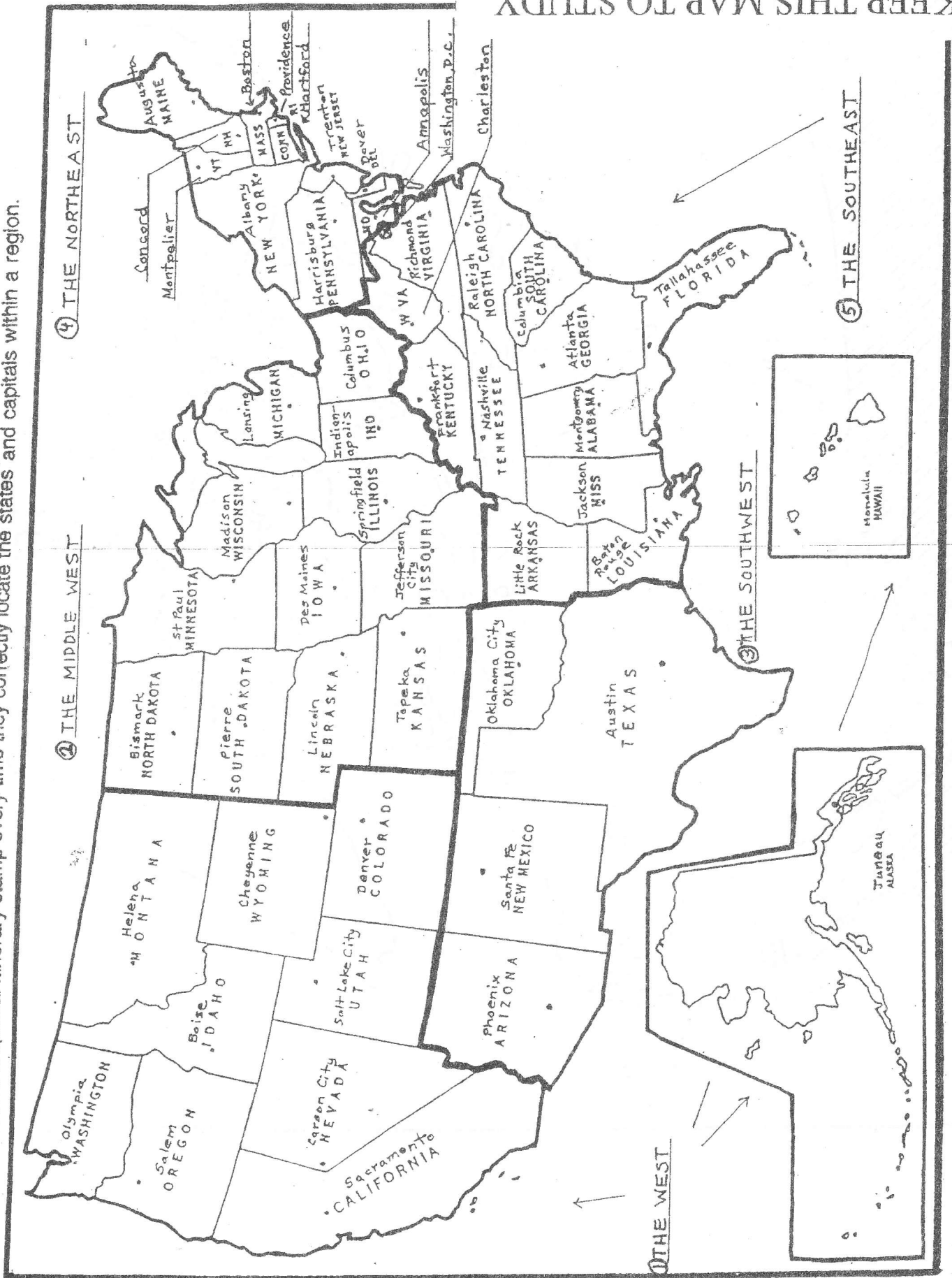
Hidalgo	Guerrero
Colima	Veracruz
Michoacan	Tabasco
Mexico	Campeche
Distrito Federal	Yucatan
Tlaxcala	Quintana Roo
Morelos	Oaxaca
Puebla	Chiapas

March – Canada's Provinces & Territories

<u>Province</u>	<u>Capital</u>
1 British Columbia	Victoria
2 Alberta	Edmonton
3 Saskatchewan	Regina
4 Manitoba	Winnipeg
5 Ontario	Toronto
6 Quebec	Quebec City
7 Newfoundland	St. John's
8 Nova Scotia	Halifax
9 Prince Edward Island	Charlottetown
10 New Brunswick	Fredericton
Territories	
11 Yukon Territory	Whitehorse
12 Northwest Territories	Yellowknife
13 Nunavut Territory	Iqaluit

A SPECIAL ITINERARY PROJECT ON THE STATES AND CAPITALS
WITHIN THE FIVE REGIONS OF THE UNITED STATES

Students receive a special itinerary stamp every time they correctly locate the states and capitals within a region.

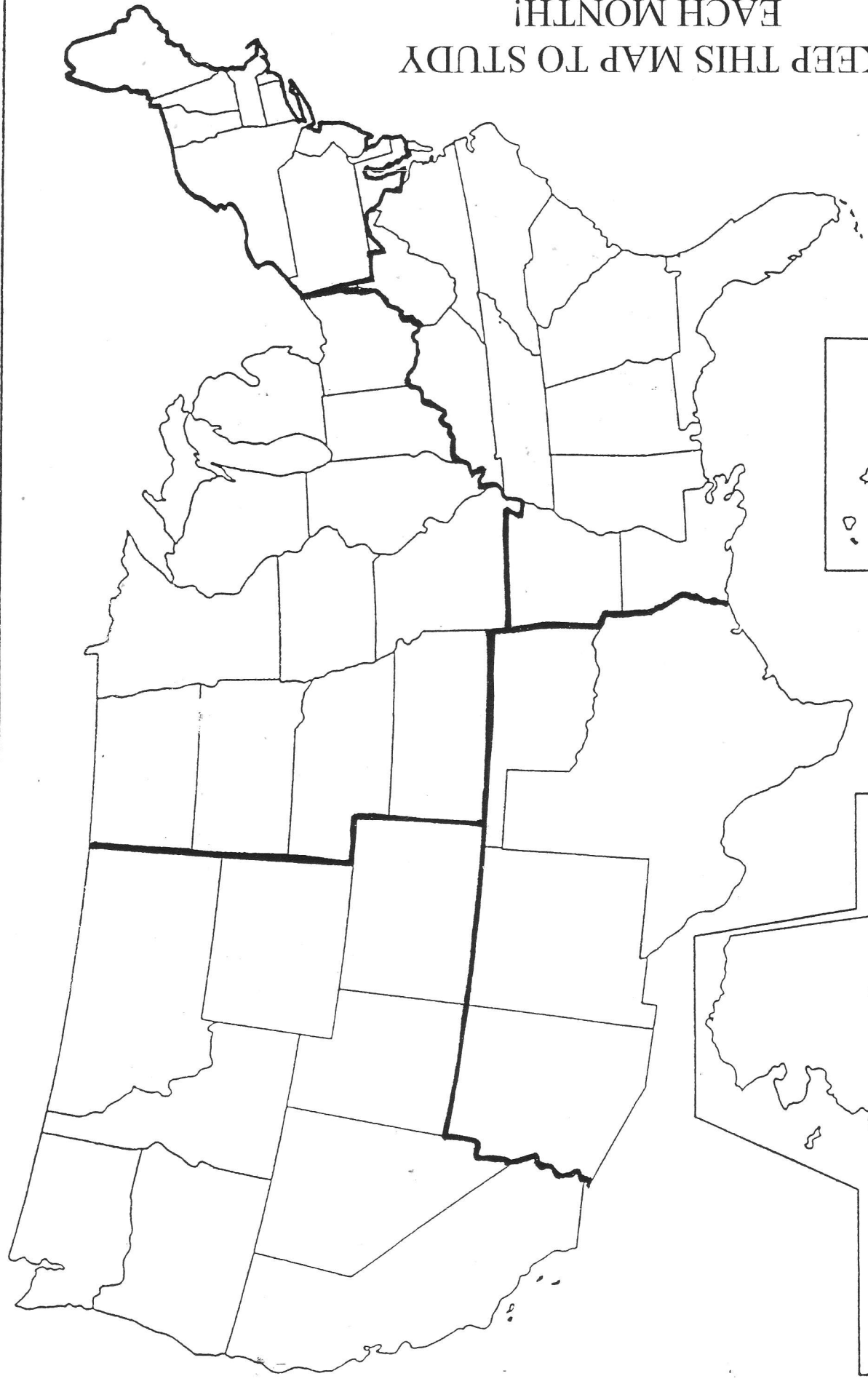


KEEP THIS MAP TO STUDY EACH MONTH!

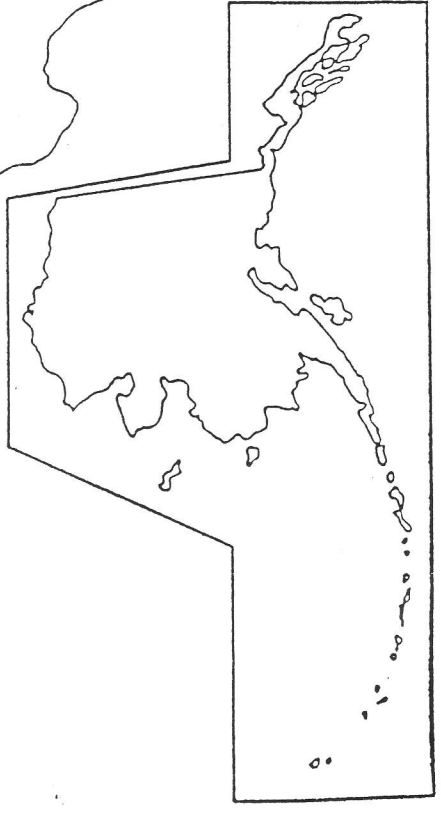
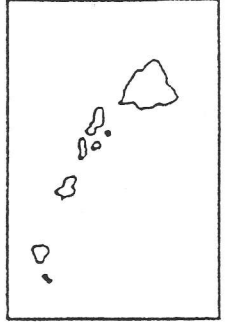
4th Grade SI

STUDY MAP OF THE UNITED STATES

Special Itinerary:



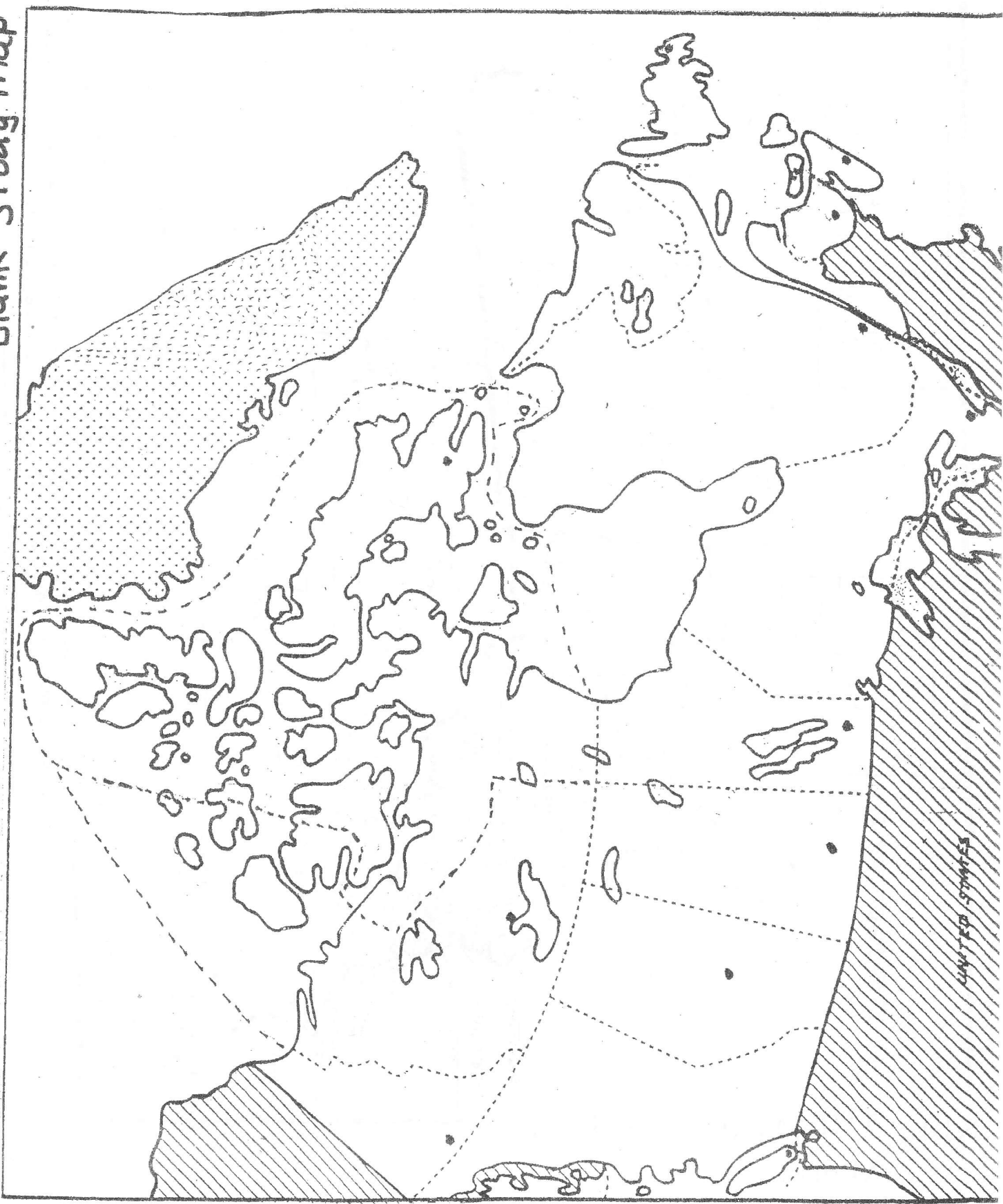
KEEP THIS MAP TO STUDY
EACH MONTH!



NAME _____

Special Itinerary: CANADA

Blank Study Map

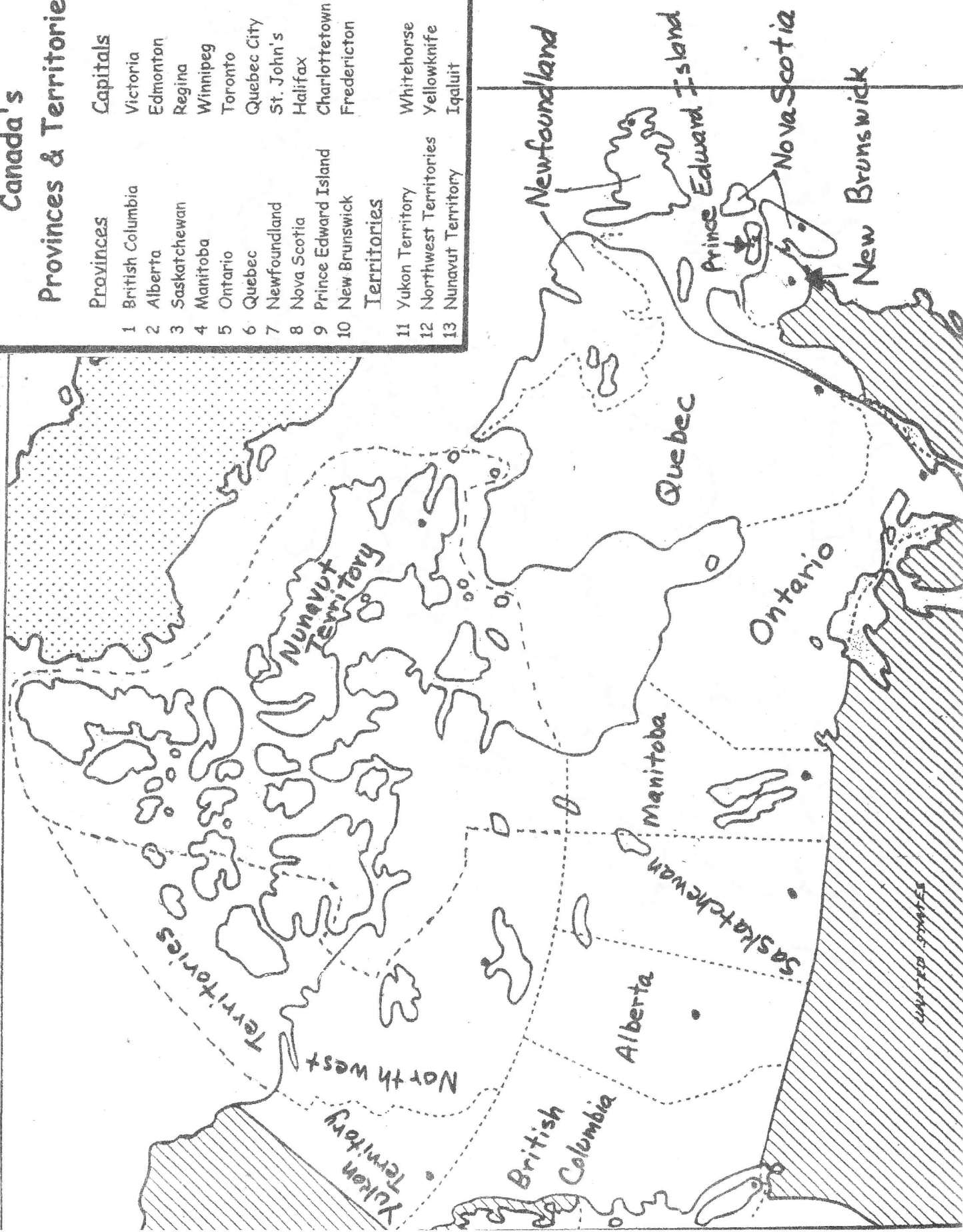


Special Itinerary: CANADA

Check Day is _____.

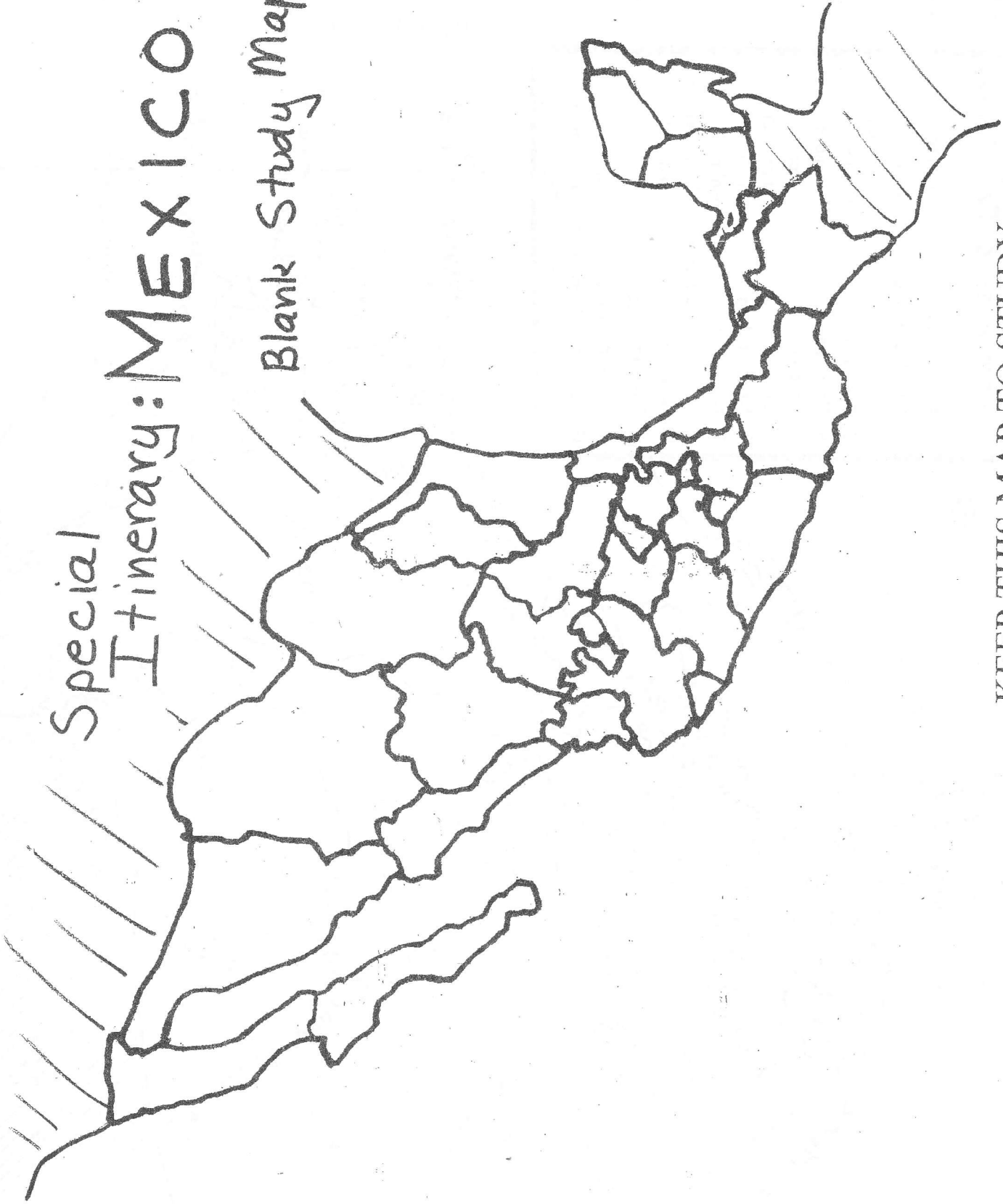
Keep this map and study for Second Chance Day on _____.

Canada's Provinces & Territories	
Provinces	Capitals
1 British Columbia	Victoria
2 Alberta	Edmonton
3 Saskatchewan	Regina
4 Manitoba	Winnipeg
5 Ontario	Toronto
6 Quebec	Quebec City
7 Newfoundland	St. John's
8 Nova Scotia	Halifax
9 Prince Edward Island	Charlottetown
10 New Brunswick	Fredericton
Territories	
11 Yukon Territory	Whitehorse
12 Northwest Territories	Yellowknife
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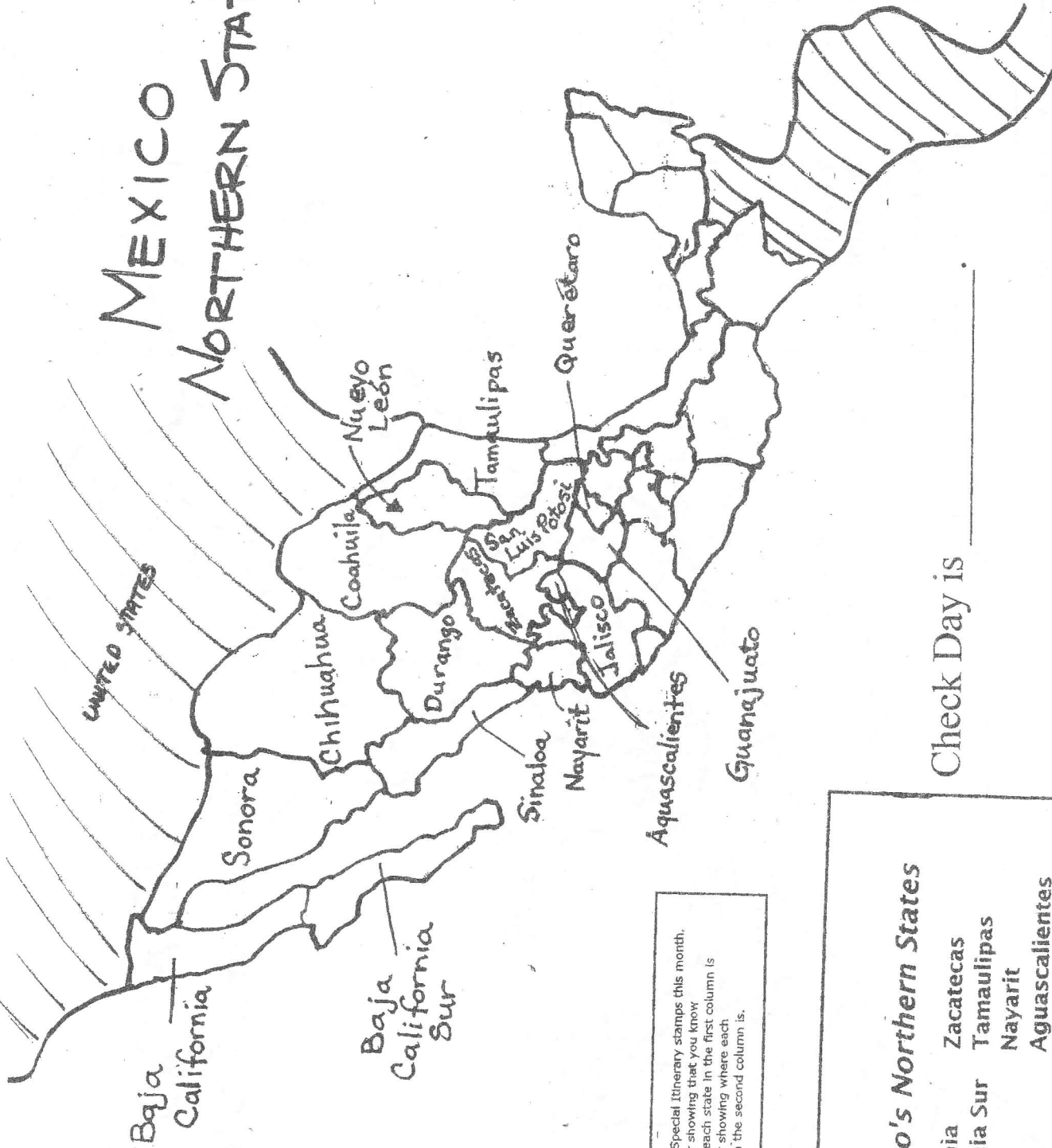
Special
Itinerary: MEXICO

Blank Study Map



KEEP THIS MAP TO STUDY
EACH MONTH!

MEXICO NORTHERN STATES



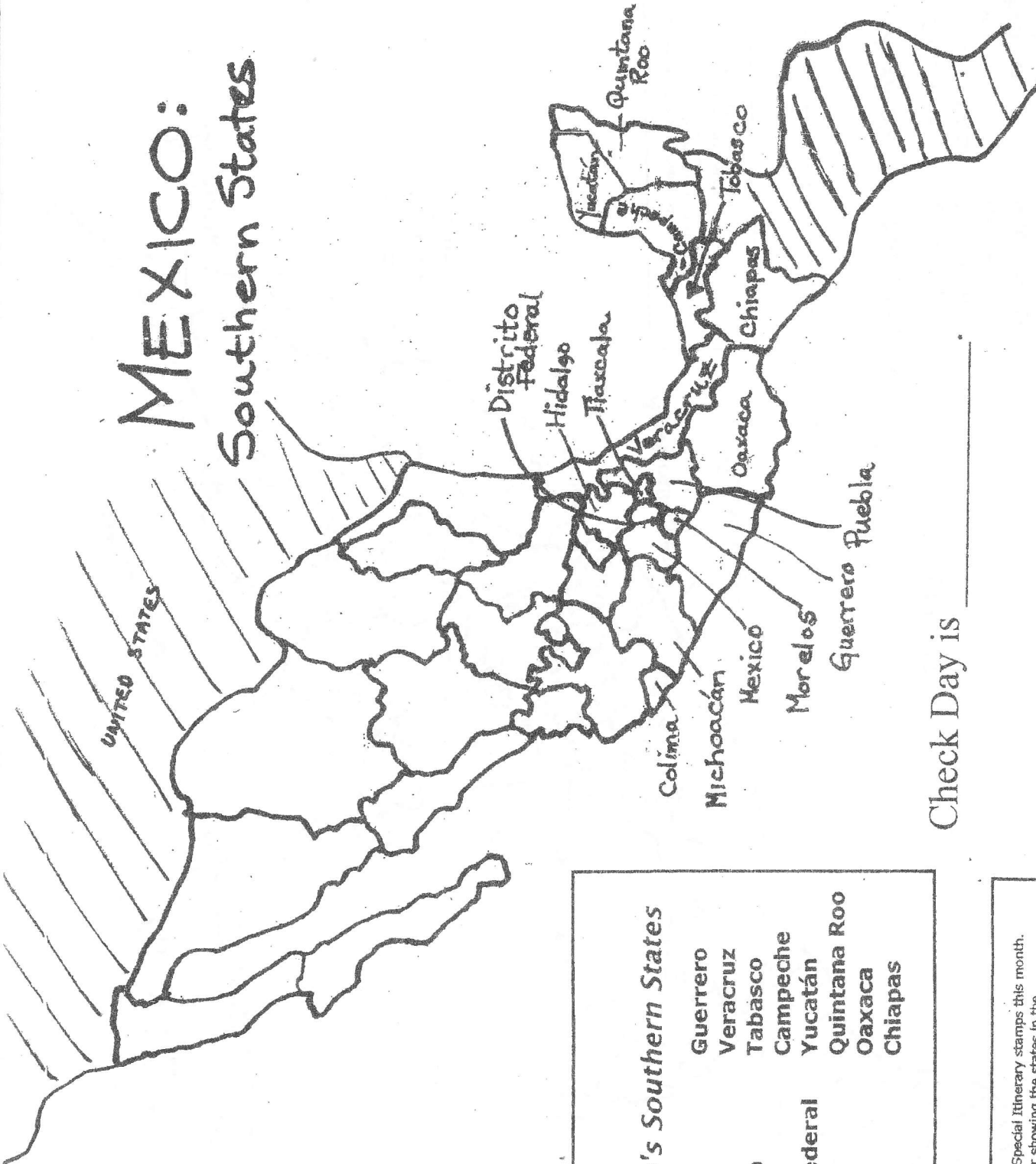
Check Day is _____

Keep this map and study for
Second Chance Day on _____

You can earn 2 Special Itinerary stamps this month.
1 stamp for showing that you know
where each state in the first column is
1 stamp for showing where each
state in the second column is.

<i>Mexico's Northern States</i>	
Baja California	Zacatecas
Baja California Sur	Tamaulipas
Sonora	Nayarit
Chihuahua	Aguascalientes
Coahuila	San Luis Potosi
Sinaloa	Jalisco
Durango	Guanajuato
Nuevo Leon	Queretaro de Arteaga

MEXICO: Southern States



Check Day is _____

Keep this map and study for
Second Chance Day on _____

Mexico's Southern States	
Hidalgo	Guerrero
Colima	Veracruz
Michoacán	Tabasco
Mexico	Campeche
Distrito Federal	Yucatán
Tlaxcala	Quintana Roo
Morelos	Oaxaca
Puebla	Chiapas

You can earn 2 Special Itinerary stamps this month.
 1 stamp for showing the states in the first column
 1 stamp for showing the states in the second column.